REARING SHEEP IN ETHIOPIA

The climate in Tigray, in northern Ethiopia, is arid, dry and inhospitable. Neighbours have told 40-year-old Letegziar about how rural women in her village can earn extra money by raising sheep. A gift of £100 could help provide a woman with three sheep that could transform her family’s future.

As a result, Siseha’s children moved out on a secondary school education because she couldn’t afford the school fees. Now Siseha’s grandchildren are reaching secondary school age. She is hoping to increase her income enough to pay their education and ensure no other family members won’t have to repeat her mistakes.

GROWING SOYA BEANS IN TANZANIA

The climate in Tanzania, in northern Ethiopia, is arid, dry and inhospitable. Most families here don’t have access to farmland, and those who do, struggle to grow crops on the land is hard, dry and remote. The family use their five-acre plot of land to grow food for their household.

She received training on how to create a better house for her family, and proudly taught her grandchildren to their first day of secondary school. She also received training on how to keep her sheep healthy, what to feed them, and when to take them to get vaccinated. She continues to receive support and advice from Farm Africa about what to do when her sheep get sick. Over the last 14 months, Letegziar’s three sheep have produced eight lambs. Siseha now has ten! She says, “If I can raise ten lambs, I can continue to raise my sheep. My income means she can afford to send her grandchildren to school. And, she and her family will be able to support their community."

As with all of Farm Africa’s initiatives, our project in Tanzania is simple, effective and sustainable. In January 2014, Letegziar received three sheep from Farm Africa. Small animals like sheep and goats can thrive in the arid shrubs and bushes that grow in Tigray, making them ideal for this kind of farming. They also require very little food, and are able to survive, but sometimes this just isn’t enough.

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IN TANZANIA

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Coffee businesses are growing

Soybeans and sunflowers create sustainable incomes in Tanzania

Bread-making is a boost to health

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**Caring for Chickens in Kenya**

Lucia is full of pride and relief since joining a chicken farming group. Farm Africa has been training group members how to house and care for chickens, and Lucia now keeps them healthy.

Lucia is one of the group members. Each receives a ‘Kenbro’ cockerel to breed with their local hens. The cross-bred hens and cockerels breed faster and bigger than the local chickens, bringing in more money when sold at market. This simple and effective project has transformed Lucia’s livelihood and outlook on life.

As well as getting much-needed nutrition, the children are also benefitting from learning farming skills, which will enable them to earn a living when they grow up.

However, things have not always been like this. Lucia and all the farmers involved in the project, Lucia already had a few chickens of her own, but she needed more. She needed to vaccinate her chickens to protect them from disease, many of which before she could sell them. This is where Farm Africa comes in.

As part of the project, Lucia has learnt about the best chicken feeds available in Kitui, how to house and care for chickens, and how to spot a sick chicken, so it can be isolated from the rest of the flock.

Recently, Lucia sold 17 chickens at the local market through her local chickens’ cooperation. The birds fetched 1000 Kenyan shillings (~23.35 US dollars) and the cockerels 880 shillings (~15.1 US dollars). She spent the income on medicines for the local coffee area market to improve her chicken house, and a goat. She uses chicken business to help a local young girl who only recently received very little money from selling chickens. Using the little money he has saved for himself, and to help his family.

We do need a lot of money from our chickens. Using the little money he has saved for himself, and to help his family.

Thank you for your incredible generosity.

**It’s All Thanks to You!**

The response to our Christmas appeal was fantastic! You have helped many children in one of the poorest areas of Kenya. Thank you!

Your support helped to provide the seeds, tools, equipment and training that the children and young people need to start growing their own glorious gardens. Thank you.

The greenhouses have been installed, the drip irrigation systems are in place and seeds are sown. The children are now harvesting the growth of spinach, onions, tomatoes, peppers and much more, ready to be picked every day. For many children this is their only meal of the day, and the vegetables will provide much-needed nutrients for their growing bodies and minds.

**Coffeeproduction in Ethiopia**

Ethiopia is famous for its delicious and strong coffee. For most Ethiopian families coffee ceremonies form a key part of daily life. Your support helps local farmers to improve the quality of their coffee and brew a reliable income.

There is an abundance of wild coffee growing in and around the forest in Ethiopia’s Bale Eco-region, which is also home to 45-year-old Abida and her family. Coffee production is their main source of income, but due to large-scale deforestation and other environmental threats, their harvests have been disappointing, as they couldn’t access good-quality seeds and were struggling to keep the coffee that they produce in good condition.

As a result of this, Abida is now producing much higher quality coffee. In fact, in such good quality that it has been certified by the Rainforest Alliance, which increases the price that the coffee fetches. Abida has also increased her income by selling coffee on her farm at a good price, which helps to improve her family’s livelihood.

As a result of this, Abida is now producing much higher quality coffee. In fact, in such good quality that it has been certified by the Rainforest Alliance, which increases the price that the coffee fetches.

**Your gift of £30 could provide enough wire mesh for 10 small coffee drying beds, so farmers like Abida can produce high-quality coffee and brew a reliable income.**
[GROWING BODIES AND MINDS.]

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Lucia and the rest of the group members each received a ‘Kenbro’ cockerel to breed in their local area. The chickens have been particularly successful in solving the children’s nutritional needs. The children are now anticipating the glorious gardens. Thank you.

You’ll be excited to hear that the vegetable gardens in both Dagoretti’s primary schools started taking shape in January, when the new school term started. Very soon, barren plots of land will be bursting into life, full of nutritious vegetables for children’s lunches.

“IT’S ALL THANKS TO YOU!”

CAREING FOR CHICKENS IN KENYA

Now we don’t sleep hungry. We always have enough to eat,” says a smiling Lucia, a 60-year-old chicken farmer using her life and care for children, and to keep them healthy.

Lucia is full of pride and relief since joining a chicken training group. Every Friday she has been training group members how to handle and care for chickens, and how to spot a sick chicken, so it can be isolated from the rest of the flock.

Recently, Lucia sold 17 chickens at the local market through the chicken farmers’ cooperative. The hens fetched 500 Kenyan shillings (£2.33), and the cockerels 880 shillings (£3.15). She spent the income on medicines for the chicken’s care and seeds to improve her chicken house, and a goat. She very soon realized helping a local farmer such as herself to grow and care for chickens is helping her children.

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LUCIA: “IT’S ALL THANKS TO YOU!”

Our project has been up and running for a few months now, and the children are now anticipating the glorious gardens. Thank you.

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Thank you for your incredible generosity.

A gift from you today of £300 could help to diversify her income, and make sure to keep your chickens healthy, and help her to start making money from her chickens.

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REARING SHEEP IN ETHIOPIA

sustainable. In January 2014 Letegziar project in Tigray is simple, effective and works.

As with all of Farm Africa’s initiatives, our work is designed to ensure that farmers can earn a good price for their produce and use the extra income means she can now keep her son in community I live in has come to roost in Kenya sustainable incomes in Tanzania.

IN THIS ISSUE:

Revenues are coming to roost in Kenya sesame and soybeans create prosperity in Ethiopia coffee businesses are brewing

GROWING SOYA BEANS IN TANZANIA

Farming is the main source of income for Siseha, who lives with her husband, two grown-up children, and her grandchildren, in Tanzania’s Morogoro region.

The family use their five-acre plot of land to grow food crops like sweet potatoes, pigeon peas and sunflowers. They have also been shown how to process their beans into soya milk, soya coffee and other products. They have also been shown how to process their beans into soya milk, soya coffee and other products. They have also been shown how to process their beans into soya milk, soya coffee and other products.

Local communities proudly unite to make a lasting difference

Friends of Farm are some of Farm Africa’s most loyal supporters. They organise regular fundraising events and are champions in their local community.

We are always looking for new Friends to come forward and organise a local group with others in your community to help farm families together and help Farmer Africa too! Whatever you do to raise money - in 1, 5 or 10-year calender, we want to listen.

Being a Friend of Farm will not only connect you with the farmers that you are supporting, but it will also mean that you have a voice and influence how Farm Africa supports around the country. The more Friends of Farm we have the bigger the impact we can make.

IN TANZANIA GROWING SOYA BEANS

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She also received training on how to keep her sheep healthy, to feed them, how to build a house for them, and when to take them to get vaccinated. She continues to receive support and advice from Farm Africa about what to do when her sheep get sick. Over the last 14 months, Letegziar’s three sheep have produced eight lambs.

As a result, Siseha’s children moved on to a secondary school education as she couldn’t afford the school fees.

Siseha’s grandchildren are reaching secondary school age. She is hoping to increase her income enough to pay for their education when her own children can’t.

Siseha recently joined the Milingoni Silk Group, a coalition of small farming families that Farm Africa is helping to start growing soybeans. As a demonstrator plot in the village, members have been learning all about how to plant this lucrative crop. But, our support doesn’t stop here - Siseha and other farmers have been shown how to earn a good income from growing these crops, so that they can better provide for their families.

They have also been shown how to increase their soy milk, coffee and chicken feed, all of which can be sold for a good price and bring in extra income for their families.

With her new knowledge and income, Siseha is now expecting to raise five other small farms in her area. This will allow her family to harvest enough to earn a good price and bring in extra income for their families.

Letegziar is confident that her sheep will help her earn enough income to keep her children in school.

I’m really proud of the way the community I live in has come together to help people in remote communities thousands of miles away.

- Sarah Scott, Burbage Friends of Farm

Local communities proudly unite to make a lasting difference

This group praised a valuable sense of community and have also managed to raise the incredible sum of nearly £5,000 over the last few years for Farm Africa.

According to a monthly coffee morning, pay £100 to give a gift for a local family. For a good price and bring in extra income for their families.

IN THIS ISSUE:

Coffee businesses are booming

Incomes they deserve.

co-operatives with the private sector, so smallholder farmers can finally access the income they deserve. This edition of From the Fields dedicated to the amazing farmers of smallholder farmers and their journey from poverty to prosperity, with your right, the support you need, and the joy of giving.

I hope you are as encouraged by our work as we are, and that you will continue your support.

Best wishes,

Sarah Scott

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REARING SHEEP IN ETHIOPIA

The climate in Tigray, in northern Ethiopia, is arid, dry and inhospitable. 80% of the population live in rural areas, and earn less than £2 per day.

Most families here don’t have access to irrigation, and those who do, struggle to grow crops as the land is steeply sloping, and the soil is poor and rainfall is erratic. Life here is unbearably hard.

Small animals like sheep and goats can thrive in the arid and stony terrain of Tigray, making them ideal for this hostile environment. They have also been shown to be hardy crops as the soil is steeply sloping,

As a result, Sishe received a cash transfer after she started her new business of growing their harvests, earn their own sustainable and transform their families’ incomes, and sustain their families, for the long term. We bring farmers together to form local co-operatives with the private sector, so smallholder farmers can brim with inspirational stories that are helping farmers in Africa feed their local communities.

Farm Africa’s work isn’t about delivering projects. It is my job as Head of Market Engagement for Farm Africa to help smallholder farmers across eastern Africa, are located in remote and tiny villages without access to wealth. They organise regular fundraising events and are champions in their local communities.

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