

# Mahale Mountains **CHALLENGE**

## **ITINERARY SUMMARY**

**FRIDAY 15 SEPTEMBER - SUNDAY 24 SEPTEMBER 2023**

- FRIDAY 15** Flight to Dar Es Salaam, Tanzania, overnight in Dar Es Salaam.
- SATURDAY 16** Internal flight to Kigoma, transfer by road to Lufubu. Walk to camp (4km)
- SUNDAY 17** Trek day: walking in mixed Brachystegia woodland and crossing small seasonal streams to the camp in Sombwe (12.8km)
- MONDAY 18** Trek day: walking in mixed woodland and bamboo forest, crossing streams. Camp in Lagossa, listening out for wild chimps (16.5km)
- TUESDAY 19** Trek day: early start to complete a long day of walking across the rolling plains of the eastern Mahale Mountains to the camp at Lagossa river (18.8km)
- WEDNESDAY 20** Trek day: walking westward into more hilly terrain, staying close to the National Park boundary and passing farmland (19.6km)
- THURSDAY 21** Trek day: complete the final stretch of the challenge before taking the boat transfer to chimpanzee country and well deserved rest (6.91km)
- FRIDAY 22** Chimp day: guided exploration to catch sightings of chimps in the wild. Boat transfer back to vehicles and transfer to a lodge in Kigoma.
- SATURDAY 23** Morning flight to Dar Es Salaam and time to freshen up before the afternoon visit to see Farm Africa's work. Evening flight to London.
- SUNDAY 24** Arrive back in the UK (am)

Itinerary may be subject to change.

**Scroll down for  
detailed itinerary!**



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## ITINERARY IN DETAIL

### FRIDAY 15 SEPTEMBER 2023

Early indirect flight to Dar Es Salaam, Tanzania.

#### Flight details

Airline	Flight no.	Departure	Arrival	Destination	Duration
KLM Royal Dutch Airlines	KL 1000	06:30	08:55	Amsterdam	1hr 25m
KLM Royal Dutch Airlines	KL 567	10:05	21:40	Dar Es Salaam	10hr 25m

N.B. 1hr 50m transfer. Flight KL 567 will make a short stop at Kilimanjaro International Airport.

Arrive and meet guides to transfer to bed and breakfast hotel in Dar Es Salaam.

### SATURDAY 16 SEPTEMBER 2023

Early direct flight to Kigoma, west Tanzania.

#### Flight details

Airline	Flight no.	Departure	Arrival	Destination	Duration
Air Tanzania	TC-126	05:30	07:40	Kigoma	2hr 10m

On arrival, a short transfer from the airport to a place for brunch and the expedition meeting. Travel to lakeside village, Lufubu (approx 5 hours) by road. Once at the ranger station, trekkers walk a relatively short distance to the first camp. Bucket showers, dinner and well needed sleep.

**Walking distance: 4km**

### SUNDAY 17 SEPTEMBER 2023

Trek day. Breakfast with a view while local porters pack and move camp.

Begin the challenge northbound at a slow pace, crossing small seasonal streams and walking through mixed Brachystegia woodland, along the eastern side of the Mahale Mountains range. Ensuring to take a break during the heat of the day, arrive at the second camp in Sombwe in the late afternoon with ample time to rest, eat and enjoy the surroundings.

**Walking distance: 12.8km**



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## MONDAY 18 SEPTEMBER 2023

Trek day. Today's aim is to reach the Lagossa river to camp for the night.

Through mixed woodland including bamboo forests, and over more streams, the course will impact average speeds but must complete today's challenge as a team.

Arrive at the river to cool off, enjoy dinner and listen for wild chimps heading to nest as night falls.

**Walking distance: 16.5km**

## TUESDAY 19 SEPTEMBER 2023

Trek day. An early start to cover as much ground before the heat of the day.

Stock up on fresh food from the nearby ranger station and continue to trek through the rainforest to another camp further up the Lagossa river. Arrive early afternoon for a river swim and relaxation after today's big walk.

**Walking distance: 18.8km**

## WEDNESDAY 20 SEPTEMBER 2023

Trek day. Today's aim is to head westward into the Mahale Mountains, along the National Park border.

Another early start to walk across hilly terrain over the Mahale Mountain range. Walking along the border of the National Park to identify wildlife and the pressures faced as communities continue to expand. Pass through first patches of farmland before arriving at Kabesi river camp for dinner and final night of camping.

**Walking distance: 19.6km**



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## THURSDAY 21 SEPTEMBER 2023

Trek day. The final stretch!

Finish the Mahale Mountains challenge through the National Park by arriving at the airstrip on the edge of the park. Congratulations completing a unique and remarkable challenge!

Rest the feet and take a boat transfer over Lake Tanganyika to discover the most densely populated area of chimpanzees, the lake is home to 250 species of fish so keep an eye out on your transfer too! Arrive at accommodation to enjoy showers, a stay in an African bandas and a cold beer or two!

**Walking distance: 6.9km**

## FRIDAY 22 SEPTEMBER 2023

Chimp day. Listen, look and find as many chimpanzees as you can.

The adventure is not over yet, set off on a morning trek with the local ranger team. Traversing across challenging terrain, listen for sounds and look for any signs of animal activity. The challenge is worth it! To see a sighting of chimpanzees in the wild and understand the pressures of their habitat and the park's protection is truly a special event to see these amazing creatures.

Board the boat in the afternoon, then transfer by road to return to Kigoma. After a week of camping and lodges, stay overnight at the Kigoma Hilltop hotel, overlooking Lake Tanganyika.

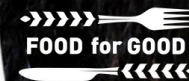
**Walking distance: TBC**

## SATURDAY 23 SEPTEMBER 2023

Farm Africa day. Discover how your donations are making a positive impact in Tanzania.

Early flight back to Dar Es Salaam then transfer to a Farm Africa project to meet the team and some of the farmers the charity work with. Embrace their culture and ask questions!

A final team lunch, then spend the afternoon at your leisure. A day room is held for trekkers to freshen up before the evening transfer to catch international flights home,



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## CONTINUED...

Early flight from Kigoma to Dar Es Salaam.

### Flight details

Airline	Flight no.	Departure	Arrival	Destination	Duration
Air Tanzania	TC-127	08:10	10:20	Dar Es Salaam	2hr 10m

Late evening indirect flight to London Heathrow, arriving Sunday 24 September.

### Flight details

Airline	Flight no.	Departure	Arrival	Destination	Duration
KLM Royal Dutch Airlines	KL 569	22:50	06:25 +1	Amsterdam	9hr 5m
KLM Royal Dutch Airlines	KL 1009	10:15	10:55	London (HRW)	1hr 30m

N.B. 3hr 20m transfer at Amsterdam International Airport.

## HAVE A QUESTION?

Contact Farm Africa or a member of Mahale Mountain Challenge Committee

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Registered charity number 326901

“ Meeting smallholder farmers in their field and learning about the positive, sustainable impact Farm Africa has, is something you'll never forget. ”

**Julian Marks, Challenge Committee Chair**

